

Vernon Area Public Library

Teen Take and Make Kits: DIY Sugar Scrub

Supplies Provided:

- 8 oz. Jar
- ½ Teaspoon Coarse Sugar
- 6 Drops of Essential Oil
- Snowflake stickers
- Twine

Supplies Needed:

- 1 Cup Granulated Sugar
- ¼ Cup Coconut Oil
- Optional: ½ Tablespoon Sprinkles



Directions:

1. In a small microwave safe bowl, melt the coconut oil for 30 to 40 seconds (be careful because the oil gets hot quickly).
2. Add the vanilla essential oil, coarse and granulated sugars to the bowl and mix them together.
3. Optional: Mix in your sprinkles
4. Scoop your finished Sugar Scrub into the jar after it's cooled.